



## Socio-Economic and Political Change in Contemporary Cuba

- Day 1**            **Arrival and Orientation Meeting**
- AM                Arrival in Havana.  
Visit to the Revolution Square, iconic place where the most important political events, parades and massive concerts have taken place.  
Orientation meeting with local coordinators.
- PM                Welcome lunch.  
Check-in at hotel.
- Day 2**            **Architecture, History and Culture**
- AM                Overview about Havana City: restoration process, housing, urban planning and architecture.  
Walking tour in Old Havana: Explore the historical and oldest district of Havana to learn about the history, traditions and architectural highlights of the city.  
Walk along *Plaza Vieja*, *Plaza de San Francisco*, *Mercaderes* street, *Plaza de Armas* and *Plaza de la Catedral*.
- PM                Lunch included at Paladar (privately-owned restaurant) La Moneda Cubana in Old Havana.  
Drive tour to modern Havana: Christopher Columbus Cemetery, University of Havana and Hotel Nacional.
- EVE                Visit to the Fábrica de Arte Cubano (FAC), an old cooking oil factory that has been restored and is now the venue for concerts, exhibits, of vanguard art in Cuba.
- Day 3**            **US-Cuba Relations and Urban Agriculture**
- AM                Meeting with representatives of the Cuban Institute of Friendship with the People (ICAP), an organization devoted to create bridges between Cubans and the rest of the people in the world. This will be an opportunity to discuss about the relation between Cuba and the US.  
Visit the Organic Agricultural Urban Cooperative of Alamar and meet with managers, specialists and workers.
- PM                Lunch included at Paladar El Ajiaco in Cojimar, a paladar that rescues and promotes the traditional Cuban Cuisine.  
Presentation on current state of US/Cuba Relations with the Director and Editor one of the most important academic journals in Cuba focused on Social Sciences.

- Day 4**  
**Education and Community initiatives**  
 AM Visit the Literacy Campaign Museum and meet History Professor Luisa Campos and Director of the Museum.  
 Discussion on the educational system in Cuba.  
 Visit to a school.  
 Visit to the home and art studio of ceramist and painter José Fuster. Learn about his art community project.  
 PM Lunch included at the art studio.  
 Meeting with members of a grassroots project dedicated to educate young people on environmental issues and sustainable development. Discussion on various pressing issues in Cuba with college students and young professionals.
- Day 5**  
**Farming in Cuba**  
 AM Departure for Viñales, Pinar del Rio.  
 Visit to a Tobacco Farm.  
 PM Lunch included at Agro-Ecological Farm.  
 Visit the Indian Caves and the Pre-Historical Mural.  
 Return to Havana.
- Day 6**  
**Healthcare and Afro-Cuban Heritage**  
 AM Discussion on Public Health in Cuba.  
 Visit to a health clinic.  
 PM Lunch included at Paladar San Cristobal, located in an eclectic house built at the beginning of the 20th century.  
 Visit the Callejón de Hamel, a street cultural center led by painter and muralist Salvador González Escalona. His internationally known artwork deals with the roots and influences of African religions in Cuba.  
 EVE Cultural activity with *Okan-Tomi*, a grassroots company that explores and reworks Afro-Cuban dances and music traditions.
- Day 7**  
**Economics and Fine Arts**  
 AM Discussion about Cuban Economics with university professor.  
 Visit the Fine Arts Museum.  
 PM Visit to the Arts and Crafts Market.  
 EVE Farewell dinner and party.
- Day 8**  
**Departure**  
 Hotel check-out  
 Departure